

Advent: A Time of Preparation

“In the Catholic Church, Advent is a period of preparation, extending over four Sundays, before Christmas. The word Advent comes from the Latin *advenio*, "to come to," and refers to the coming of Christ. This refers, first of all, to our **celebration of Christ's birth at Christmas**; but second, to the **coming of Christ in our lives through grace and the Sacrament of Holy Communion**; and finally, to **His Second Coming at the end of time.**”

As a Knight of Eucharist, for our preparations, therefore, should have all **three** comings in mind. We need to prepare our souls to receive Christ worthily.

I. Get a Gift for Jesus



To celebrate anyone birthday, we naturally think of getting that person a gift. For Christ's birth what would a Knight of Eucharist get for Jesus?

Suggestion: Jesus is cold in the manger, knit him a blanket of prayers! Learn how to knit, and knit something simple but as you knit, pray for your family, friends, deceased ones, tntt, and maybe world peace and or use the time to contemplate or reflect on your life and lives that you affect.

II. Reconciliation (and Mass of course)



In order to receive God to rest within us, we need to be pure again. Going to confession and giving an opportunity for yourself to cleanse your soul and prepare to join with Jesus through Holy Communion.

Suggestion: GO TO CONFESSION! You know you need one. Should set out a date with your peer Knights and go to confession. Ask your youth leaders to help and or go to your local church. They all have confession in the afternoon on Saturday.

III. Serve Others



Christmas in our society has turned into such a selfish holiday. Rather than doing what everyone does, use Advent as a time to ask what our community needs and gather people together to make an impact on that need. Serving others helps turn our selfish hearts into selfless ones, and it can transform the way we think throughout the Advent season. As Catholics, we believe that Jesus Christ will come again, and we are called to be watchful and ready for when that happens, good deeds will be valuable gifts for Christ!

Suggestion: Here are links to places that we can start (youth leaders, make it happen!):

foodshare.org – FoodShare

gbfb.org - Greater Boston Food Bank

servings.org - Community Servings

haleyhouse.org - Haley House

rosiesplace.org - Rosie's Place

volunteerwny.org – Volunteering

longislandvolunteercenter.org - Help Center