

# A Lenten Wreath



**Objective:** Help each individual pray through Lent and celebrate Easter.

## Making the Wreath

- Cut a circle from a piece of white poster board and then cut a circle out of the center of that to form the wreath itself.
- Cut different shapes of triangles from construction paper, in shades of violet, rose, and red, and glued the pieces all over the wreath (creating a mosaic look).
- Glue on a few tree twigs here and there around the wreath.



## Explanation of the wreath

- The wreath is a circle that reminds us of eternity and life everlasting, which is ours because of Jesus' death and Resurrection.
- The color violet symbolizes our acts of self-sacrifice during Lent in penance for our sins and in preparation to celebrate the Resurrection. The priest wears violet vestments on Ash Wednesday and the First, Second, Third, and Fifth Sundays of Lent.
- The color rose symbolizes the joy we experience as we anticipate the Resurrection. The priest wears rose vestments on the Fourth Sunday of Lent.
- The color red represents sacrifice. The priest wears red vestments on Palm Sunday.
- The tree twigs represent the crown of thorns that was part of the suffering Jesus endured.

**\*For each week of Lent, light one candle that is placed around the wreath\***